

# CITY GRAPEVINE

Adelaide. Bold. Aspirational. Innovative.

AUTUMN 2026

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## ACKNOWLEDGEMENT OF COUNTRY

City of Adelaide acknowledges Kaurna people of the Adelaide Plains as the traditional custodians of the land on which this publication was created.

# Welcome

### Isn't there something quietly wonderful about this time of year in Adelaide?

As the seasons shift, the city seems to take a collective breath. Gardens soften, streets slow just a little, and the cooler days invite us to step outside and reconnect with place, with history, and with one another.

This edition of City Grapevine is full of those moments of connection.



Last year, we shared the exciting news that the City Library at Rundle Place will move to a new home on North Terrace in 2026. This significant project, delivered in partnership between the City of Adelaide and the State Library of South Australia, will bring our city and state collections together in one location along the cultural boulevard.

It's a move that will create more accessible services and programs for our community, and I look forward to sharing more with you as planning progresses.

March also brings a celebration close to my heart – Neighbour Day. It's a simple but powerful reminder that strong communities begin just beyond our front doors.

Whether you live on a quiet street or in a busy apartment building, Neighbour Day is about saying hello, sharing a moment, and strengthening the ties that make city living so rewarding. In 2026, we'll be celebrating all weekend long on 28 and 29 March.

There's also something truly special about coming together outdoors to move, learn and share traditions. This season, Veale Gardens will host free Tai Chi sessions led by the South Australian Health Qigong and Tai Chi Association, supported through our Community Grants Program.

If you've admired their graceful performances at city celebrations before, this is a wonderful opportunity to experience that same sense of calm, connection and joy firsthand.


I hope this edition inspires you to get involved, try something new, and enjoy all the small moments that make our city such a special place to call home.

**Dr Jane Lomax-Smith,  
Lord Mayor**



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 [facebook.com/AdelaideLibrary](https://facebook.com/AdelaideLibrary)

 [cityofadelaide.com.au/resident/  
healthy-living-and-wellbeing/  
ageing-well](https://cityofadelaide.com.au/resident/healthy-living-and-wellbeing/ageing-well)

Have feedback?

[CHSP@cityofadelaide.com.au](mailto:CHSP@cityofadelaide.com.au)  
(08) 8203 7203

# NEW YEAR NEW HOME FOR CITY LIBRARY



Image: State Library entrance from SATC

Last year we shared the exciting news that the City Library (Rundle Place) will have a new home in 2026 on North Terrace.

The move will result in improved library services and accessible programs for the community from one central location thanks to a partnership between the City of Adelaide and the State Library of South Australia.

The city and the state's remarkable collections will soon be available to enjoy in one stunning location on the cultural boulevard.

We look forward to sharing more details with you as our planning progresses and our relocation date draws nearer.

Find out more via other trusted sources of information about this project:

- Our Adelaide City Libraries [cityofadelaide.com.au/subscription](https://cityofadelaide.com.au/subscription)
- Our City Library [cityofadelaide.com.au/community/library-services](https://cityofadelaide.com.au/community/library-services)
- Instagram page [instagram.com/adelaidecitylibraries](https://instagram.com/adelaidecitylibraries)

You can read all about this exciting news in the media release via the QR code.



# One City, Many Cultures

**3:00 pm to 6:00 pm, Sunday 22 March**  
**North Adelaide Community Centre**

A free, community event bringing local residents and international students together to share music, food, stories and traditions.

Come along to meet new people, try something different, and celebrate the many cultures that make Adelaide a vibrant place to live.

To book:



# Local Activities

## JOIN FREE COMMUNITY TAI CHI AT VEALE GARDENS

There's a special kind of magic that comes from gathering outdoors, moving in harmony, and sharing traditions that have been passed down through generations.

This season, that magic comes to life in Veale Gardens, where the South Australian Health Qigong and Tai Chi Association is offering a series of free Tai Chi sessions, and you're invited.

If you've ever watched their graceful performances during the Australia Day Parade or lively celebrations in Chinatown, you already know the dedication and joy this group brings to every event.

Now, with the support of the City of Adelaide through the Community Grants Program, they're opening their practice to the wider community, creating a welcoming space for anyone curious to learn, move, and connect.

### A Cultural Experience

Tai Chi is often described as meditation in motion, but these sessions offer so much more. Participants will have the chance to:

- Explore traditional Chinese culture through the art of Tai Chi
- Engage in meaningful cultural exchange, celebrating what makes our city wonderfully diverse
- Enjoy gentle, active recreation suitable for all ages and abilities
- Boost personal wellbeing, with calm, mindful movement in a beautiful outdoor setting

Image: Tai Chi



### A Space for Connection and Wellbeing

Veale Gardens/Walyu Yarta (Park 21) in the Adelaide Park Lands provides the perfect backdrop: lush, serene and central. Whether you're a complete beginner or simply looking to add a peaceful moment into your week, these free sessions offer an opportunity to slow down, breathe deeply, and move with purpose among friends and neighbours.

No registrations, fees, or experience required. Just bring yourself, your curiosity, and comfortable shoes. Join us in celebrating culture, community, and the simple joy of moving together. We hope to see you in the gardens.

**Host:** The South Australian Health Qigong and Tai Chi Association

**When:** Every Tuesday

**Time:** 10:00am to 12 noon

**Where:** Veale Gardens/Walyu Yarta (Park 21)

**Cost:** Free

**For more information contact Zhao Dan on 0416 688 739.**

# Local Activities

## CUPPA AND CONNECT

You are invited to our free monthly event of coffee, conversation, and community. Join us at either the City Library or Hutt Street Library (or both!) for a free cuppa and chat with our Library Connections Team. No bookings are required.

**Host:** City Library

**When:** Friday 20 March 2026 (11:00am to 12 noon) and 4th Monday thereafter (1:30pm to 2:30pm)

**Where:** City Library, Rundle Place, Adelaide

**Cost:** Free



Image: Coffee and conversation



Image: Crochet materials

## CROCHET CLUB

First Wednesday of each month, 11:00am to 1:00pm at Hutt Street Library, Hutt Street

Whether you're a seasoned crocheter or just curious to learn, join us for connection, creativity, and community at the Hutt Street Library.

Some sessions will run with a facilitator available for questions, while others will be self-guided: perfect for sharing skills and ideas together.

All sessions are free, so bring your yarn, friends, hooks, and ideas and let's keep stitching this vibrant community together!

**No bookings are required.**

**Host:** Hutt Street Library

**When:** First Wednesday of each month

**Time:** 11:00am to 1:00pm

**Where:** Hutt Street Library, Hutt Street, Library

**Cost:** Free

# Victoria Park Walkers

JOIN OUR FREE WALKING GROUP IN THE ADELAIDE PARK LANDS



Image: Wetlands in Victoria Park/Pakapakanthi (Park 16)

Victoria Park Walkers is a friendly weekly walking group supported by Heart Foundation Walking.

Join Karen and Heart Foundation Walking for a relaxed walk through Victoria Park/Pakapakanthi (Park 16), where you can enjoy the birdlife, open green spaces and great company as we explore the Pakapakanthi wetlands and Park Lands together.

All paces are welcome, and we'll wrap up with a friendly coffee catch-up at Commissary Café across the road.

**Host:** Heart Foundation Walking

**When:** Tuesdays weekly

**Time:** 9:30 to 10:30am

**Speed:** Medium pace

Please arrive a few minutes early so we can set off right on 9:30am.

## Meeting Point

Meet at the benches next to the traffic lights in Victoria Park – directly opposite Commissary Café, 158 Fullarton Road, Rose Park.

**If you have any questions, please contact [walking@heartfoundation.org.au](mailto:walking@heartfoundation.org.au), and let them know if you will be joining one of their weekly walks.**

# Little Bins Trial

City of Adelaide is trialling ways to make it easier for residents to dispose of food and garden waste.

Residents may be eligible for an 80-litre Little Bin as part of a 12-month trial, if they:

- do not have a standard green organics bin
- have limited storage for standard size bins.

Eligible residents will get an 80-litre Little Bin, a Kitchen Caddy Kit and education materials to support them in recycling food and garden waste.

If you are interested in participating in this trial, you can [cityofadelaide.com.au/resident/recycling-waste/waste-recycling-for-residents/little-bins-trial/#register](https://cityofadelaide.com.au/resident/recycling-waste/waste-recycling-for-residents/little-bins-trial/#register)

Spots in the trial are limited.



Image: Smaller Green Bin

## Benefits of a little bin

- Fits into smaller storage spaces such as courtyards and townhouses
- Provides the same service as a full-size standard bin
- Helps divert food and garden (FOGO) waste from landfill
- Keeps waste management convenient and sustainable
- Reduce storage on front porch or footpaths for presentation.

## How the trial works

1. Register at [cityofadelaide.com.au/resident/recycling-waste/waste-recycling-for-residents/little-bins-trial/#register](https://cityofadelaide.com.au/resident/recycling-waste/waste-recycling-for-residents/little-bins-trial/#register)
2. We will assess your eligibility
3. If eligible, you'll receive a small organics bin for the trial period
4. Your bin will be collected fortnightly, on the same cycle as a normal green bin.



Image: Kitchen Caddy



Image: Louise, Sue and Lucy in the North Adelaide Community Centre Community Garden, 2025.

# Congratulations Community Grants Recipients!

We're excited to share that 55 community-led projects have been supported through the City of Adelaide's 2025–26 Community Grants Program across the Quick Response and Major Round categories.

From community celebrations to wellbeing workshops, arts and culture initiatives, active recreation programs and First Nations storytelling projects, this year's successful projects reflect the diversity, creativity and passion that make our city so special.

- Total investment: \$429,000
- Priority areas supported: multicultural community connection, wellbeing, active recreation, arts and culture, First Nations storytelling, youth engagement, and more.

Congratulations to all the successful applicants. Thank you for the work you do to strengthen community life in the City of Adelaide.

Find out more:

[cityofadelaide.com.au/about-council/grants-sponsorship-incentives/  
community-grants](https://cityofadelaide.com.au/about-council/grants-sponsorship-incentives/community-grants)



# EVENTS

## Financial Counselling Sessions

The Adelaide City Libraries are hosting UCWB Financial Counselling Service monthly.

UCWB offer a free financial counselling service, with qualified, independent and non-judgemental financial counsellors, who can guide you through your financial options and help you plan your way out of debt.

Book today for one of the following dates and times at the Hutt Street and City libraries:

### Hutt Street Library, Hutt Street

- Monday 16 March between 10:30am and 2:30pm
- Monday 13 April between 10:30am and 2:30pm

### City Library, Rundle Place

- Monday 23 March between 10:30am and 4:00pm

**Cost: FREE**

Find out more about these programs by phoning UCWB on (08) 8245 7177 to book an appointment.

Image: Financial reports



## Meander Market on Melbourne Street

Celebrate the Mother's Day weekend at Meander Market on Melbourne Street.

Looking for something special to do with Mum this Mother's Day weekend? Join us at Meander Market!

Explore a curated selection of premium local artisan stalls, enjoy the live music, and soak in the atmosphere. The perfect mix of coffee, street food, morning tea, pub meals, café bites, and a wide selection of drinks! A perfect place to find a one-of-a-kind gift for Mum or just spend quality time together!

Plus:

- Photo booth for 'Mum' photos
- Free face painting
- Free caricatures

An artisan market not to be missed!

For more information go to [experienceadelaide.com.au/blog/meander-market](https://experienceadelaide.com.au/blog/meander-market)

**Host:** Meander Market

**When:** Saturday 9 May 2026

**Time:** 10:00am to 3:00pm

**Where:** Melbourne Street and Jerningham Street, North Adelaide

**Cost: FREE**



Image: Meander Market



# EVENTS

## Movement, Accessibility and Safer Spaces: Community-Led Programs with V Barratt

V Barratt (they/them), an Accessible Yoga School accredited yoga and movement facilitator, centres queer, disabled, neurodivergent and marginalised bodies in the City of Adelaide's community centres through trauma-aware, consent-focused yoga and dancing classes.

These classes welcome carers at no charge, offer adaptable seated/standing/resting options, explicitly includes diverse ages and abilities, and are a place where difference is valued over performance. V's expertise with age, disability, and LGBTQIA+ people makes movement accessible for all, prioritising connection and choice.

V's programs are part of the City of Adelaide's commitment to making creative, welcoming and accessible opportunities available to everyone.

### Seated Yoga & Movement Class for All

A one-hour integrated movement class. Seated Yoga & Movement is designed for people living with disability, chronic illness, fatigue, pain, or anyone who simply prefers a gentler practice. The class offers a spectrum of chair based and supported movements, with plenty of options to suit individual needs and comfort. All poses can be adapted, and props are provided.

Carers are warmly invited to attend and join in.

- Host:** V Barrett  
**When:** Weekly on Mondays  
**Time:** 4:00pm to 5:00pm  
**Where:** Box Factory, 59 Regent Street South, Adelaide  
**Cost:** \$10 per session (carers attend for free)

Image: V Barratt



### Adaptive Yoga Flow for All Bodies

These gentle yoga classes bring together neighbours, workers and visitors looking for a quieter, more intimate alternative to larger commercial studios. Classes draw on accessible and adaptive principles, offering plenty of options, props and rest so that all bodies can participate.

The smaller studio environment supports a sense of safety and familiarity, which can be especially important for people new to yoga, returning after injury, or who have had exclusionary experiences in fitness spaces.

V's facilitation foregrounds consent, clear communication and trauma aware language to help participants feel welcome and in control of their own practice.

- Host:** V Barrett  
**When:** Weekly on Sundays  
**Time:** 4:00pm to 5:00pm  
**Where:** Minor Works Building Community Centre, 22 Stamford Court, Adelaide  
**Cost:** FREE

DISCOVER ADELAIDE'S HIDDEN GEM

# Oxfam Bookshop on Hutt Street

Nestled along the leafy streets of Adelaide, Oxfam Bookshop is often described as one of the city's best-kept secrets. Entirely managed by a passionate team of volunteers, this unique bookshop operates as an agency of Oxfam Australia with every dollar raised supporting vital global initiatives to create an equal future without poverty.

In 2024 alone, Oxfam Bookshop Adelaide proudly raised over \$200,000, all from the donation and sale of second-hand books. The money raised through book sales supports Oxfam Australia's work in areas such as clean water access, education and emergency relief for communities in need. Every purchase makes a difference. With more than 20,000 titles in store and over 30 genres, there is something for everyone: gripping fiction, delightful children's stories, inspiring self-development reads and even textbooks for curious minds.

There are many ways to support this local charitable initiative. Volunteer with the passionate team that keeps the shop running, donate pre-loved books to help maintain the diverse and ever-changing collection, or simply visit the store and browse the shelves for affordable, quality reads. Every contribution helps sustain the important work Oxfam Australia does worldwide.

Every book tells a story, and every purchase helps write a brighter future. Come and visit the team on Hutt Street to discover your next great read and be part of something truly meaningful.

Follow on Instagram  
[@oxfambookshopadelaide](https://www.instagram.com/oxfambookshopadelaide)  
to stay connected.

Image: Oxfam Bookshop





Image: Joylene with her tricycle

“As soon as I saw them, I knew that was exactly what I needed,” she said.

Not long after, Joyleen purchased her very own red trike, along with a helmet – and off she went!

Now retired, Joyleen enjoys regular rides around the city and along the beautiful River Torrens/ Karrowirra Pari trails. With three gears, she can comfortably manage both gentle slopes and small hills, riding at her own pace. She even joins her walking group on her trike.

“It’s given me a wonderful sense of freedom,” Joyleen says. “I can explore the parks and the River Torrens easily. It’s simple to ride, and people often stop to ask me about it. I’m over 70, and if I can do it, anyone can.”

For those considering a tricycle, Joyleen offers this advice:

## Joyleen’s Red Trike Adventure

When Joyleen moved into the city in July 2020, she quickly became known for something special – her bright, shiny red tricycle.

After settling into her new home, Joyleen found she rarely needed her car. With buses, trams and trains conveniently located near her apartment, public transport made the city living easy. However, she was still looking for a way to stay active and enjoy the outdoors.

“I joined a walking group,” Joyleen shared, “but I found the longer walks a little too taxing on my body. I wanted to age well and keep fit, so I started exploring other ways to get around the city.”

While attending a cycling event in Light Square, Joyleen noticed several tricycles on display.

“Keep an eye out for special offers and make sure you have a trial ride. Once you try it, you’ll be hooked like I was! It’s such fun, great exercise, and a lovely way to enjoy the fresh air. There are bike lanes throughout the city, and I even have a tub with a lid on the back for my shopping.”

Joyleen hopes to see many more tricycles around Adelaide in the future.

Thank you, Joyleen, for sharing your inspiring story. Your red trike has certainly become a cheerful and much-admired sight around the city!

### Do you have a story to share?

We would love to hear from you. Please contact Sadie, Coordinator Ageing Well, on (08) 8203 7203 or email [ageingwell@cityofadelaide.com.au](mailto:ageingwell@cityofadelaide.com.au) for more information.

# Walyu Yarta Community Garden

Growing your own fresh fruit and vegetables at home is a great idea on loads of levels, but if you need more space and prefer planting with friends, getting involved in a community garden can be really rewarding.

There are several community gardens you can be part of, along with a number of other gardening initiatives across the CBD and North Adelaide.

Located south of the formal rose beds in Veale Gardens off South Terrace, Walyu Yarta Community Garden was the first community garden established within the Adelaide Park Lands and celebrated its 10th anniversary in 2020.

Weather permitting, gardeners meet regularly each week on Mondays and Thursdays 9:30am to 1:00pm, with occasional Working Bees on Sundays as required.

There are regular Gardeners Meetings to discuss all the practical aspects of the garden with a shared morning tea.

If you enjoy playing in the dirt and creating fresh organic produce, or if you just like to watch, come and visit the garden.

New members, supporters, and spectators are always welcome.

**Host:** Walyu Yarta Community Garden  
**When:** Weekly on Mondays and Thursdays  
**Time:** 9:30am to 12 noon  
**Where:** Walya Yarta Community Garden, Veale Gardens, Adelaide  
**Cost:** **FREE**

Contact Greg Martin at [gregmartin14aweil@gmail.com](mailto:gregmartin14aweil@gmail.com) or phone 0450 366 773 for more information.

Image: Community Garden



# Resources for living and ageing well

COTA SA: Programs and Services  
[cotasa.org.au/programs-and-services](https://cotasa.org.au/programs-and-services)

National Seniors: With Exercise, Light is Right  
[nationalseniors.com.au/news/health/with-exercise-light-is-right](https://nationalseniors.com.au/news/health/with-exercise-light-is-right)

Australia Government: Protecting the Rights of Older Australians  
[ag.gov.au/rights-and-protections/protecting-rights-older-australians](https://ag.gov.au/rights-and-protections/protecting-rights-older-australians)

World Health Organisation: Good Practice and Health Benefits  
[who.int/initiatives/gappa](https://who.int/initiatives/gappa)

HealthDirect: Healthy Eating Over 60  
[healthdirect.gov.au/healthy-eating-over-60](https://healthdirect.gov.au/healthy-eating-over-60)

Image: Couple getting good advice



# CITY GRAPEVINE

## One-Pot Chicken and Mushroom



A hearty beef casserole that can be cooked and frozen in meal portions to suit your lifestyle.

### Ingredients

- 1 tablespoon plain flour
- 8 chicken thigh cutlets (bone in)
- 1 tablespoon olive oil
- 1 brown onion, finely diced
- 2 garlic cloves, crushed
- 2 carrots, peeled, halved lengthways and sliced
- 2 stalks celery, trimmed and sliced
- 300g button Swiss brown mushrooms
- 1½ cups chicken stock
- 3 sprigs fresh thyme
- 2 teaspoons cornflour
- 1 cup frozen green peas
- Mashed potatoes, steamed rice or couscous, to serve

### Method

- Place flour into a large snap-lock bag. Season. Add chicken and toss to lightly coat in flour.
- Heat oil in large ovenproof pan over a medium-high heat. Brown chicken in two batches. Transfer to a plate. Set aside.
- Add onion, garlic, carrots and celery to pan. Cook, stirring often, over medium heat for 4–5 minutes until onion softens. Stir in mushrooms. Cook, stirring occasionally, for 2–3 minutes until slightly softened.
- Stir in stock. Return chicken to pan. Add thyme. Bring to the boil. Reduce heat, cover and simmer, stirring occasionally, for 15 minutes. Uncover and cook for 15 minutes or until chicken is just cooked through. Mix cornflour with 2 tsp water in a cup until smooth. Stir cornflour mixture into chicken mixture. Cook for 1 minute or until thickened. Stir in peas and cook for 2 minutes. Serve with mashed potatoes, rice or couscous.